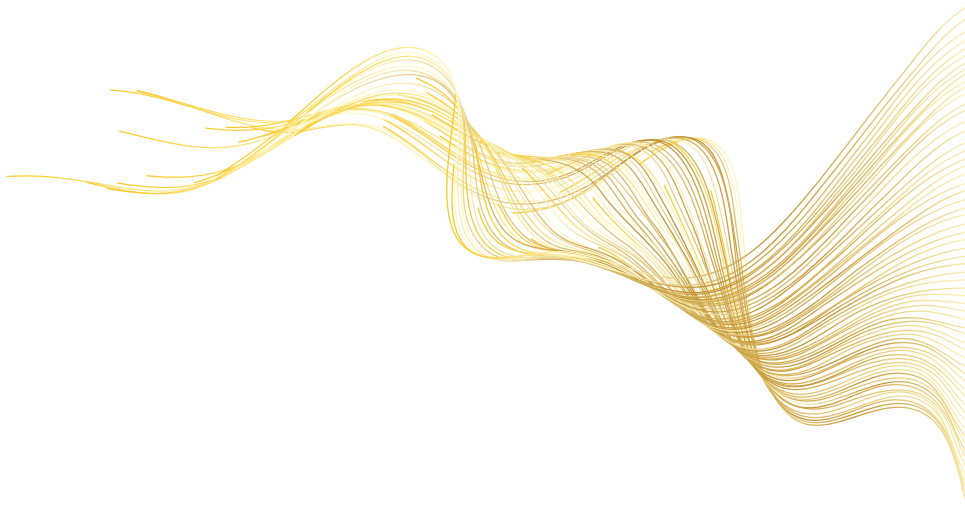


*The Spa*

AT

CHÂTEAU ÉLAN HUNTER VALLEY



# *Relax and Unwind in Luxury...*

Château Élan is one of Australia's largest, yet most luxurious private spa facilities located in the heart of the Hunter Valley. Relax your mind, body & soul in a range of spa rituals & beauty treatments that will restore clarity, promote wellness & relieve you from the stresses of life.

Choose between your own private oasis or enjoy a day of pampering with a friend or loved one in our dedicated spaces that will be sure to impress. Choose our specialised packages that will have you and your loved ones unwinding in no time.

You will have access to our beautiful outdoor mineral spas and detox boxes. Our mineral spas, assist in detoxification, increased energy, reduces muscle aches and promotes wellbeing.

If you would like to use our wet facilities, please bring your swimwear.

The Hydrolounge is a perfect spot to take in the vista of the local mountains and sip on a glass of bubbles or indulge in some local cheeses! We provide change rooms fully equipped with lockers, robes, slippers, towels and hair-dryer for those of you who are going out and about after your treatment.

## *Let your Journey Begin...*





## *Massage Moments*

### *Relaxation Massage*

Traditional massage techniques using light to medium pressure. Smooth gliding, rolling and kneading strokes will unwind, relax and recharge your body.

50 MINUTES	
MON-SAT	\$175
SUN/PH	\$205
80 MINUTES	
MON-SAT	\$220
SUN/PH	\$255

### *Pregnancy Massage*

A nurturing massage that caters for the needs of expectant mothers while using soothing massage techniques to relieve aches and pains, while increasing circulation to assist in the drainage of excess fluid retention.

50 MINUTES	
MON-SAT	\$175
SUN/PH	\$205
80 MINUTES	
MON-SAT	\$220
SUN/PH	\$255

Available after first trimester.

## *Therapeutic Massage*

A firmer style of relaxation massage, designed to reduce tension and muscle tightness to energise the body and mind!

50 MINUTES	
MON-SAT	\$195
SUN/PH	\$225

## *Volcanic Warm Stone Massage*

This healing treatment provides a combination of relaxation massage techniques and the slow release of heat through warm volcanic stones.

80 MINUTES	
MON-SAT	\$280
SUN/PH	\$325

## *Balneotherapy*

Enhance your treatment and immerse yourself in a bath infused with opulent essential oils and soothing botanicals, designed to relax your muscles and calm your mind. As the warm waters embrace you, let the gentle aromas and soft effervescence prepare your body for the rejuvenating treatments that await.

25 MINUTES	
MON-SAT	\$55
SUN/PH	\$70



# *iKOU Organic Facials*

## *De-Stress Organic Luxury Facial*

Stress has a powerful effect on ageing and skin sensitivity, and this calming, restorative facial focuses on collagen regeneration to heal and rebuild elasticity. A detailed White Clay Desquamation exfoliant will help increase cell turnover, smooth and resurface the top layers of the skin while reducing redness. Improve skin health with a double masque infusion of powerful antioxidants featuring native Australian Davidson Plum Oil.

This sensory facial incorporates an aromatherapy scalp massage, arm, foot and lower leg massage with geranium, lavender & clementine for a deeply relaxing experience.

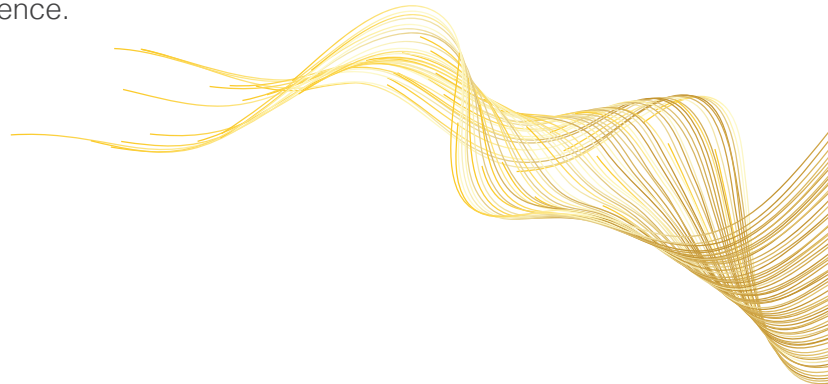
80 MINUTES

MON-SAT

\$235

SUN/PH

\$270



## *Wellness Probiotic Facial*

A complete holistic relaxation treatment that begins with a sacred grounding ritual and breathwork to help you find your zen. Using Eastern facial massage techniques with Gua Sha crystal stones and rollers to relax facial muscles and release tension giving a youthful smoothness to the skin. A selection of iKOU skin food boosters including coconut probiotics and green superfoods brighten the complexion leaving a luminous glow, a reflection of skin health. Hot and cold temperature therapy is incorporated to promote vascular circulation and product absorption offering healing, calming and rejuvenation benefits.

80 MINUTES

MON-SAT \$235

SUN/PH \$270

## *Green Superfood Booster Facial*

Fresh skin is revealed with a natural AHA sugarcane and fruit enzyme peel. Illuminate the complexion and deliver a powerful active boost of cleansing, green superfoods. Quench thirsty skin with a moisture-locking hyaluronic infusion mask to hydrate skin for a clear, healthy balance.

50 MINUTES

MON-SAT \$165

SUN/PH \$190

*\*Recommended for revitalising of dull, dehydrated, premature ageing, sun-damaged and acne prone skin- or as a deep cleansing treatment for a skin boost.*

## *Deep Cell Hydration Facial*

Experience our deeply hydrating facial, featuring high-performance luxury organic products that work in harmony with your skin's natural cycle to restore its health. Enjoy our thirst quenching signature hyaluronic infusion with organic Wild Hibiscus, which restores balance and calm. This treatment includes a soothing facial massage to release tension, leaving you with a fresh, dewy glow and a tranquil state of mind.

50 MINUTES

*MON-SAT*      \$165

*SUN/PH*        \$190

## *Collagen Boosting Facial*

Enhance your natural beauty and feel radiant in this hydrating collagen-boosting facial. Featuring the age-defying Hyaluronic Collagen Booster, this potent elixir of youth is infused with rich nutrients that work in harmony with your skin to restore its natural suppleness and boost elasticity. Feel the cooling sensation of a hyaluronic infusion mask that nourishes your skin and release facial tension with cooling crystal stone rollers leaving you refreshed and beautifully rejuvenated.

50 MINUTES

*MON-SAT*      \$165

*SUN/PH*        \$190



# *Spa Packages*

## *The Spa Ultimate Ritual*

*Hydrolounge | Body Polish | Body Wrap | Scalp Cocoon |  
Balneotherapy | Relaxation Massage | iKOU Facial*

Start your experience in our Hydrolounge, where you can ease tired and achy muscles with a mineral spa and infrared sauna session. Enjoy a combination of a full-body exfoliation and body wrap, which will refine and rejuvenate your skin. As you relax with a soothing scalp massage, a warm bergamot hair treatment will be applied for added indulgence.

5 HOURS	
MON-SAT	\$720
SUN/PH	\$830

While soaking in your aromatherapy-infused spa bath, savour a glass of champagne and exquisite Hunter Valley chocolates. Follow this with a full-body relaxation massage and a luxurious iKOU facial to complete the ultimate spa journey.

As a perfect finale to your day, head to our reflection lounge to enjoy a selection of local Hunter Valley cheeses. This indulgent treat caps off a truly perfect spa experience!

# Spa Packages

## *White Flannel Flower Sanctuary Ritual*

*Body Exfoliation | Hydrating Cocoon | Organic Facial |  
Moisture Infusion | Foot Restoration Massage*

Unwind and allow your body to receive the healing benefits of deep relaxation. Inspired by the beauty of the Australian White Flannel Flower, this popular ritual is a complete head-to-toe degustation of iKOU treatments. Connect with the inner joy that lives within you, while exotic ingredients restore a radiant all-over glow. From head to toe, unwind... breathe... relax.

105 MINUTES

MON-SAT \$360

SUN/PH \$415

## *De-Stress Body & Mind Balance Ritual*

*Body Scrub | De-Stress Aromatherapy Massage |  
Facial & Scalp Massage*

Relax and de-stress the mind, balance the body and restore hydration in this soothing head to toe rejuvenation ritual. Focusing on mood lifting benefits using essential oils to promote a feeling of positivity and wellbeing, this calming treatment will leave you feeling relaxed and hydrated.

120 MINUTES

MON-SAT \$360

SUN/PH \$415



# *Spa Packages*

## *Australian Sea Kelp & Indigenous Clay Earth Dreaming Ritual*

*Body Exfoliation | Body Wrap | Hair and Scalp Treatment | Moisture Infusion*

Invite rest for the mind through the healing powers of the earth, in this deeply relaxing and nurturing cocoon experience. Detoxifying and rejuvenating, with nutrient rich Sea Kelp, native clay and Australian fruit essences to restore an all-over healthy radiance for skin and hair.

1 HOUR 15 MINUTES  
*MON-SAT*      \$270  
*SUN/PH*        \$310

## *iKOU Organic Sugar Glow*

*Body Exfoliation | Moisture Infusion*

Transform body and mind with iKOU organic high-performance body scrubs. Rich in essential fatty acids and antioxidants with selected oils to promote cell renewal and long lasting healthy skin results. The finishing application of a triple butter organic body souffle leaves the mind relaxed and skin rejuvenated.

60 MINUTES  
*MON-SAT*      \$195  
*SUN/PH*        \$225



## *Couples Escape*

*iKOU Sugar Glow Exfoliation |  
Balneotherapy | Relaxation Massage |  
Hair & Scalp Treatment*

Receive a body exfoliation using a pure sugar cane and tropical nut oil scrub that will exfoliate dead skin cells, leaving your skin feeling smooth. Enjoy a couples Balneotherapy in a geisha tub, then enjoy a relaxation massage that is designed to reduce tension and muscle tightness, followed by a nourishing hair and scalp treatment.

2.5 HOURS

MON-SAT

\$750

SUN/PH

\$860





## *Polish & Pamper*

*Body Exfoliation | Relaxation Massage*

A body exfoliation and massage in one! This stimulating treatment will aid in polishing your skin by gently resurfacing any dead skin cells, then indulge yourself in a relaxation massage designed to unwind, relax and recharge your body.

90 MINUTES

MON-SAT \$275

SUN/PH \$315

## *Château Élan Signature Package*

*Relaxation Massage | iKOU Facial*

Completely tailored to your body and skincare needs, why treat one without the other!

110 MINUTES

MON-SAT \$295

SUN/PH \$340

## *Mother To Be*

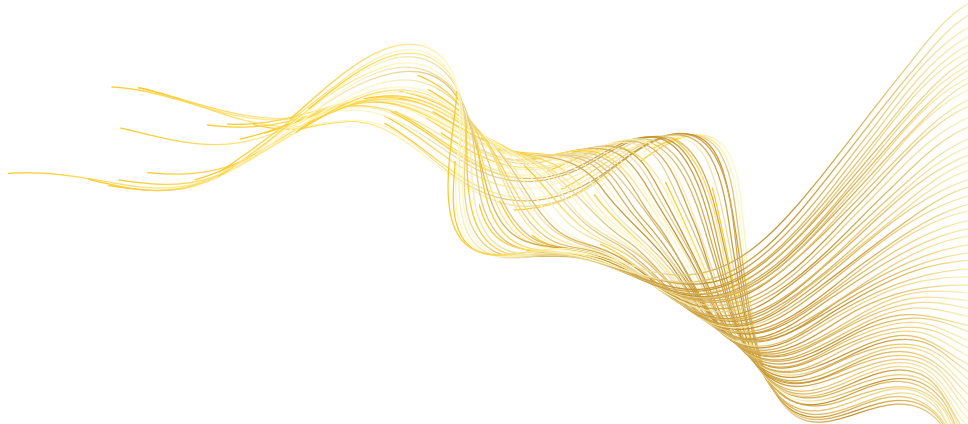
*Foot Soak | Pregnancy Massage | Paraffin Foot Treatment | Hair and Scalp Treatment*

A nurturing massage that caters to the needs of expectant mothers, using soothing massage techniques to relieve aches and pains. Available after the first trimester.

110 MINUTES

MON-SAT \$295

SUN/PH \$340





## *Float Away Package*

Our Float Away experience involves immersing yourself in a shell filled with 500kg of Epsom salts, with water that is perfectly heated to your external body temperature. You will quickly be transported into a deep state of relaxation. We do recommend utilising our hydrotherapy pools and infrared sauna as this encourages a deeper state of relaxation.

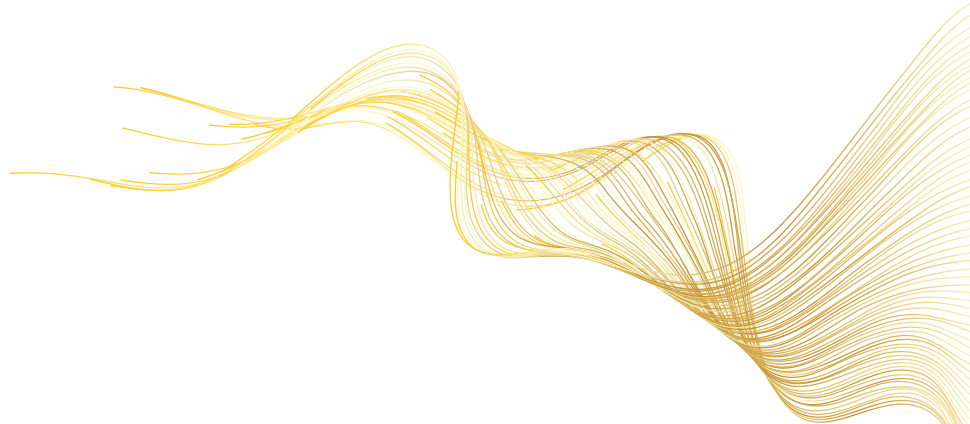
60 MINUTES

MON-SUN

\$99

## *Group Bookings and Bridal Packages available*

Enquire within.





# *The Finer Details*

## *Waxing*

Lip OR Chin OR Brows	\$30 EACH
Lip & Brows	\$50 FOR BOTH
Lip, Chin & Brows	\$60 FOR ALL

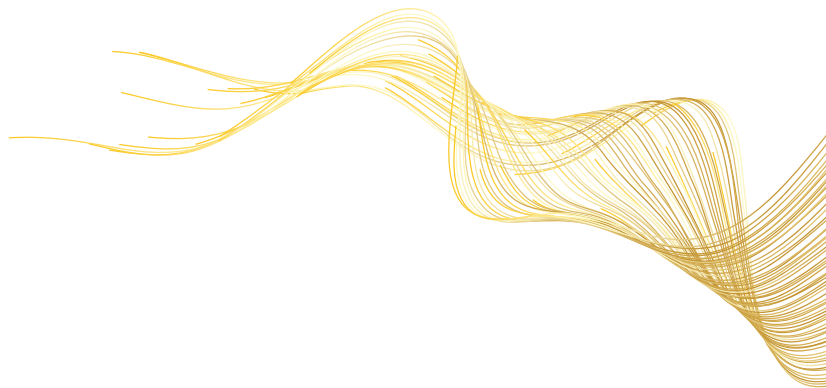
## *Tinting*

Brows	\$15
Lashes	\$25
Brows & Lashes	\$35

## *All About Eyes*

Brow Wax, Brow Tint & Lash Tint	\$49
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*Includes collagen eye patch treatment.*





## *Pamper Your Palette*

Enjoy your nibbles in our Hydrolounge area, on the deck by our mineral spas or in our Reflection Lounge before or after your treatment.

### *Cheese Platter*

Locally sourced Hunter Valley cheeses.

1 PERSON \$40

2 PEOPLE \$60

4 PEOPLE \$110

6 PEOPLE \$130



### *Fruit Platter*

Selection of fresh tropical fruits.

2 PEOPLE \$45 (MUST BE PRE-ORDERED)

### *Bubbles and Bon Bons*

Locally sourced Hand Painted Artisan Chocolates.

1 PERSON \$20 (ONE GLASS OF BUBBLES + 2 CHOCOLATE BON BONS)

2 PEOPLE \$35 (TWO GLASSES OF BUBBLES + 4 CHOCOLATE BON BONS)

# *Spa Etiquette*

## *Arrival at The Spa*

To fully enjoy a complete Spa experience, we request that you arrive 15 minutes prior to your appointment time, in order for you to change into spa attire and complete your consultation.

## *Special Considerations*

For your safety and comfort please inform your therapist of any health conditions so that we can customise your treatment accordingly. If you suffer from allergies, physical ailments or are pregnant, some treatments may not be suitable.

## *Hydrolounge*

Our Hydrolounge Spa and Sauna area is a shared space to relax and unwind. A complimentary 60-minute session is included when a Spa treatment is booked. This session must be secured at the time of reserving your treatment – swimwear is required.

## *Cancellation Policy*

Your appointment is especially reserved for you. Arriving late will limit the time of your treatment so that the next guest is not delayed. We require 24 hours' notice to cancel your appointment, if we receive less than 24 hours' notice a cancellation fee will be applied.

## *Children*

Our policy is no children at The Spa. We ask that you arrange child care for your young ones. Children 10 years & older are welcome for services/treatments only. Ages 10 to 16 need to be accompanied by an adult in the same treatment room. This is for the children's safety and an WH&S requirement.



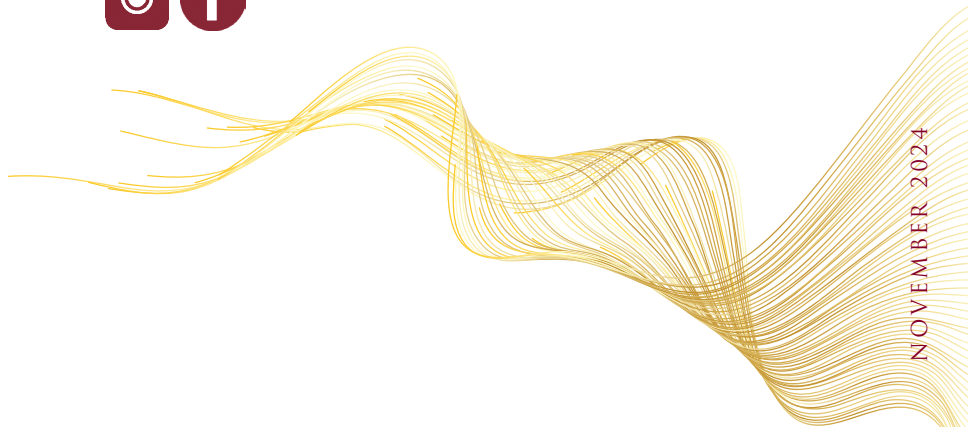
# The Spa

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