

*The Spa*

AT

CHÂTEAU ÉLAN HUNTER VALLEY



# *Relax and Unwind in Luxury...*

Château Élan is one of Australia's largest, yet most luxurious private spa facilities located in the heart of the Hunter Valley. Relax your mind, body & soul in a range of spa rituals & beauty treatments that will restore clarity, promote wellness & relieve you from the stresses of life.

Choose between your own private oasis or enjoy a day of pampering with a friend or loved one in our dedicated spaces that will be sure to impress. Choose from one of our specialised packages or enquire about tailoring one that will have you and your loved ones unwinding in no time.

You will have access to our beautiful outdoor mineral spas and detox boxes. Our outdoor mineral spas are unique and relaxing; one is fresh, cool water, giving a sense of gentleness and softening to the skin and the other is a warm ocean mineral pool, assisting in detoxification, to promote wellbeing. If you would like to use our wet facilities, please bring your swimwear.

The Hydrolounge is a perfect spot to take in the vista of the local mountains and sip on a glass of bubbles or indulge in some local cheeses! We provide change rooms fully equipped with lockers, robes, slippers, towels, hair and body products (including a GHD and hair-dryer for those of you who are going out and about after your treatment).

## *Let your Journey Begin...*



# *Massage Moments*

Single person and dual treatment rooms are available. Dual rooms are designed for the ultimate romantic interlude, with balneotherapy available for those who want to soak away in twin or couple tubs. Pamper your palette by including champagne, chocolates or a cheese platter.

## *Balneotherapy*

25 MINUTES \$49

Enhance your treatment using essential oils which are added to the whirlpool of a geisha tub; the effects of the underwater massage relieves tension and softens the skin in preparation for your treatment.

## *Relaxation Massage*

30 MINUTES \$110 | 50 MINUTES \$159 | 80 MINUTES \$195

Traditional massage techniques using light to medium pressure. Smooth gliding, rolling and kneading strokes will unwind, relax and recharge your body.

## *Mother To Be*

30 MINUTES \$110 | 50 MINUTES \$169 | 80 MINUTES \$205

A nurturing massage that caters for the needs of expectant mothers while using soothing massage techniques to relieve aches and pains, while increasing circulation to assist in the drainage of excess fluid retention (available after first trimester).

## *Volcanic Warm Stone Massage*

80 MINUTES \$250

This healing treatment provides a deep combination of relaxation massage techniques and the slow release of heat through warm volcanic stones.

## *Muscular Phototherapy Session*

20 MINUTES \$85

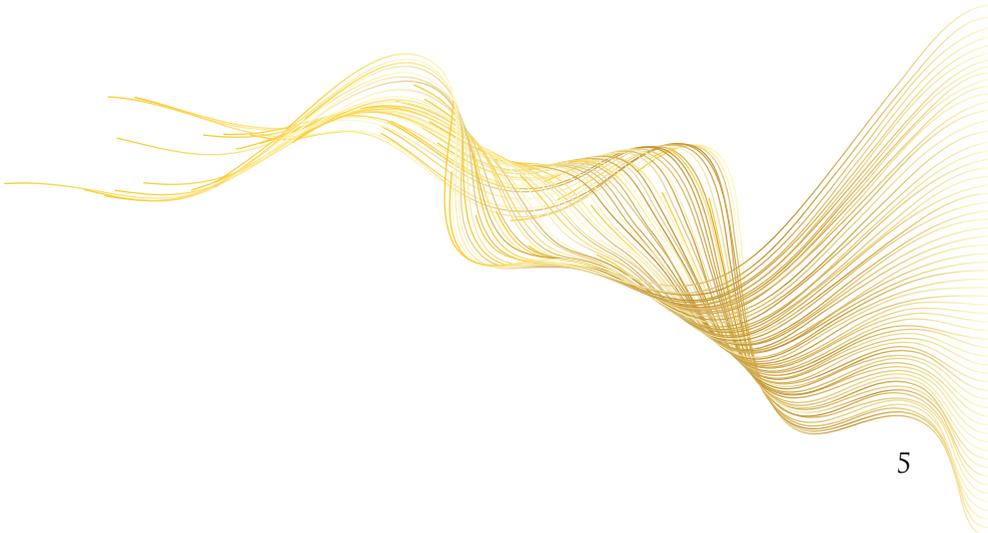
A warm, rejuvenating treatment that is used to therapeutically assist in the recovery and temporary relief of minor muscle and joint pain to relieve stiffness and promote the relaxation of muscle tissue.

## *Therapeutic Massage*

30 MINUTES \$115 | 50 MINUTES \$179

A firmer style of relaxation massage, designed to reduce tension and muscle tightness to energise the body and mind!

Additional Muscular Phototherapy Session + 15 minutes \$79



# *Body Therapies*

Single person and dual treatment rooms are available. Dual rooms are designed for the ultimate romantic interlude, with balneotherapy available for those who want to soak away in twin or couple tubs. Pamper your palette by including champagne, chocolates or a cheese platter.

## *Balneotherapy*

25 MINUTES \$49

Enhance your treatment using essential oils which are added to the whirlpool of a geisha tub; the effects of the underwater massage relieves tension and softens the skin in preparation for your treatment.

## *Sugar Glow Exfoliation*

50 MINUTES \$169

*Body Exfoliation | Moisture Infusion*

This stimulating treatment of pure cane sugar and tropical nut oils assist in the exfoliation of dead skin cells, revealing healthy, glowing skin. Finish your treatment with the application of a rich moisturiser to further enhance your body's natural glow.

Additional Skin Renewal Wrap

+ 25 minutes \$85

## *Marine Mud Cocoon*

80 MINUTES \$250

*Body Wrap | Scalp Treatment | Moisture Infusion*

A warming therapy to treat tired muscles and dull skin. Warm mud is applied before being enveloped in a heated blanket for ultimate exfoliation and detoxification. Finish your treatment with the application of a rich moisturiser using soothing massage motions, to plump and rejuvenate the entire body.

## *Milk and Honey Ritual*

2 HOURS \$335

*Body Exfoliation | Honey Melt Wrap | Exotic Oil Scalp Treatment  
Milk Bath | Moisture Infusion*

Fijian honey & coconut milk are combined to create a Royal Fijian ritual. This treatment is designed to hydrate, nourish, tighten and strengthen skin. Organic cane sugar combined with exotic drift nut oils gently exfoliate the skin then a moisturising honey masque high in antioxidants and vitamins is applied to the body. Next, an exotic oil is massaged through the hair and scalp before soaking in a warm milk bath. Finish with an application of a rich moisturiser to further enhance your body's natural glow.

## *Body Beautiful*

4 HOURS \$645

*Body Exfoliation | Relaxation Massage | Marine Mud Wrap  
Scalp Treatment | Balneotherapy | Customised Facial*

The ultimate treatment to replenish and revitalise from top to toe. Treat yourself or someone you love to this experience like no other.



# *Facial Therapies*

We are committed to providing the highest standards of professional treatment's; therefore, all facials include a specialised assessment as part of the appointment. It is crucial we understand your skin goals so we can customise a treatment... just for you!

Take home products will be recommended after your facial to ensure longevity and best results are achieved.

## *Balneotherapy*

25 MINUTES \$49

Enhance your treatment using essential oils which are added to the whirlpool of a geisha tub; the effects of the underwater massage relieves tension and softens the skin in preparation for your treatment.

## *Illuminating Facial*

30 MINUTES \$110

This luxurious treatment diminishes dark spots by utilising the latest innovations in lightening and exfoliating technologies. Skin tone is immediately improved, providing a glowing, radiant complexion. The Illuminating Facial is perfect for all skin types and will be customised, just for you.

## *Signature Facial*

50 MINUTES \$149

*Hydrate & Enhance Radiance | Replenish & Soothe | Purify & Mattify*

Highly concentrated facial is designed to meet the specific needs of your unique skin type. Using specialised techniques to infuse, hydrate and provide moisture to the skin through massage techniques and corrective rituals.

## *Ultimate Rejuvenation Facial*

50 MINUTES \$169 | 80 MINUTES \$219

*Hydrate & Enhance Radiance | Replenish & Soothe | Purify & Mattify*

This powerful facial is customised to suit your skins needs. Improve your hydration levels, soften fine lines and wrinkles or brighten pigmentation. No matter your concern, your skin will leave with smoother, plumper and more radiant skin.

## *Signature Peels*

50 MINUTES \$169

Our signature chemical peels help to reverse the visible effects of damage in two ways. First, they power away dull, dead cells to illuminate the skin and reduce the appearance of fine lines, wrinkles, age spots, clogged pores and blemishes. Then, they support collagen for firmer-looking skin over time

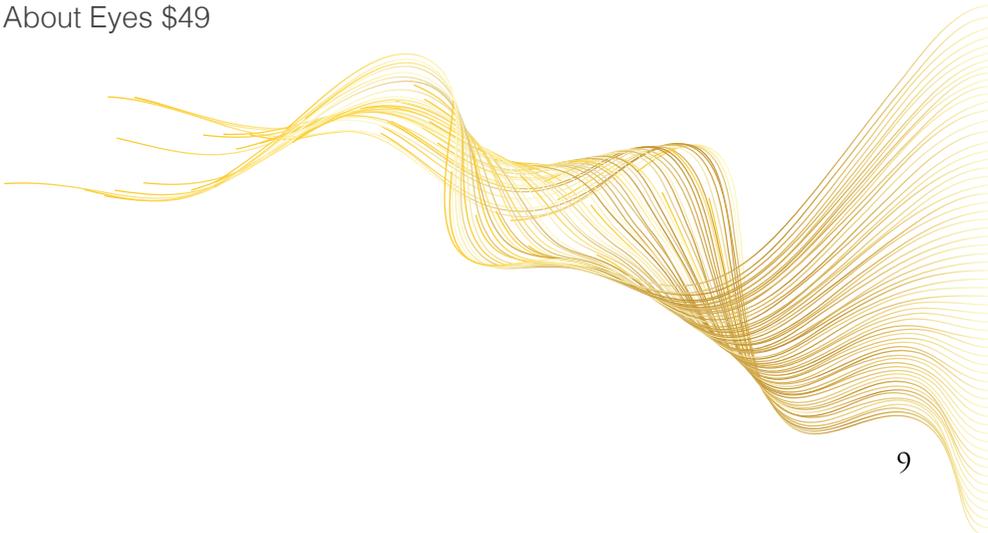
### **ADD ONS**

Microdermabrasion \$49

Nourishing Hair & Scalp Treatment \$49

LED Light Therapy \$49

All About Eyes \$49



## *LED Light Therapy*

20 MINUTES \$85

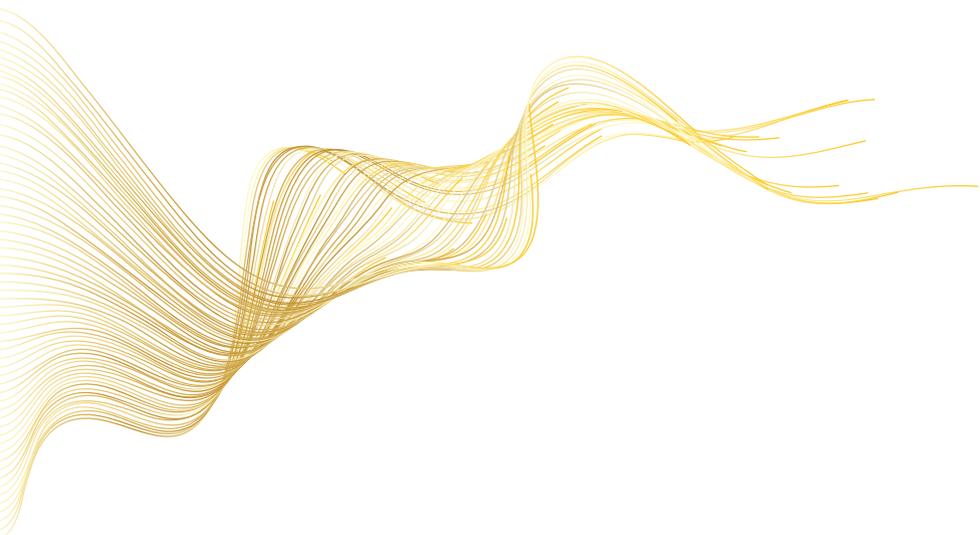
Phototherapy, also known as LED Light Therapy, is a non-invasive treatment that stimulates collagen and elastin to reverse the signs of ageing on the skin. The light works by promoting cellular turnover to treat all skin conditions, such as active acne, rosacea and ageing skins.

Phototherapy is proven to increase the wound healing response in the skin, as it stimulates blood flow which ensures your skin always looks rejuvenated.

Our LED Light Therapy treatment can be a stand-alone treatment to leave your skin feeling energised or it can be used in addition to other treatments to enhance your skin results. For best results, we recommend 6-8 LED Light Therapy treatments, conducted twice a week.

### SKIN PACKAGES:

Two week package (4 sessions)	\$340
Three week package (6 sessions)	\$500
Four week package (8 sessions)	\$650

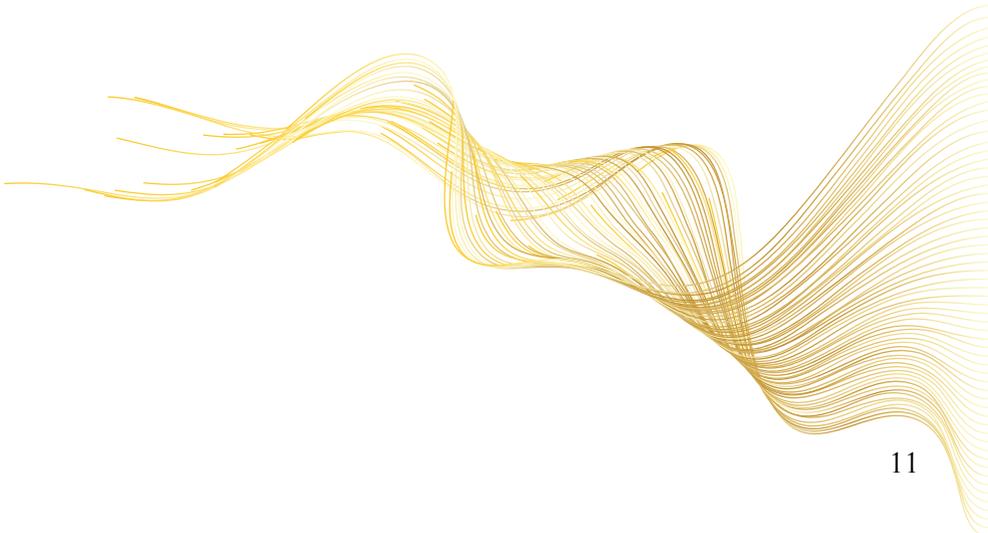




## *VIP Phototherapy Membership*

VALID FOR ONE YEAR | \$3,000

A VIP Phototherapy Membership entitles you to a maximum of two sessions per week, over the course of 52 weeks. Sessions can only be redeemed Monday – Friday. Terms and conditions apply.



# *For Him*

We welcome gentlemen into our spa. We provide customised treatments that focus on balancing and healing the body...  
Especially after a big day playing golf!

## *Balneotherapy*

25 MINUTES \$49

Enhance your treatment using essential oils which are added to the whirlpool of a geisha tub; the effects of the underwater massage relieves tension and softens the skin in preparation for your treatment.

## *Château Élan Signature Package*

110 MINUTES \$279PP

*Relaxation Massage | Customised Facial*

Completely tailored to your body and skincare needs, why treat one without the other!

## *Dads Day Out*

140 MINUTES \$369

*Relaxation Massage | Illuminating Facial | Hair & Scalp Treatment*

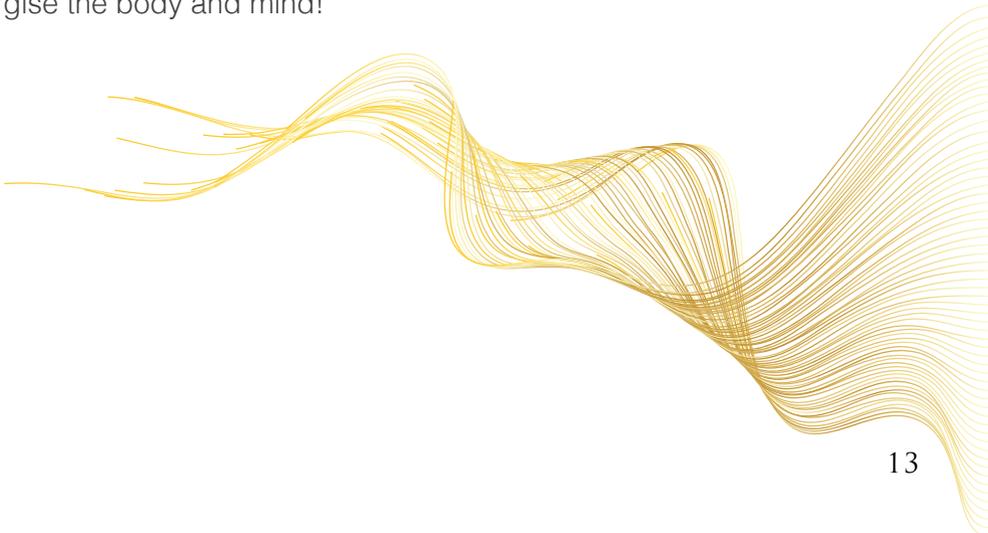
Receive a relaxing massage that is designed to reduce tension and muscle tightness, followed by an illuminating facial. Drift away during a nourishing hair and scalp treatment.



## *Golfers Relax and Rewind*

80 MINUTES \$259

A relaxation massage used in conjunction with Muscular Phototherapy to assist in the repair of muscular tension and damage. Receive a relaxing massage that is designed to reduce tension and muscle tightness to energise the body and mind!



# *Spa Packages*

Single person and dual treatment rooms are available. Dual rooms are designed for the ultimate romantic interlude, with balneotherapy available for those who want to soak away in twin or couple tubs. Pamper your palette by including champagne, chocolates or a cheese platter.

Packages are on offer for special occasions such as hens days or bridal parties, ladies day, corporate and group packages, couples and bride and groom preparation.

## *Château Élan Signature Package*

110 MINUTES \$279PP

*Relaxation Massage | Customised Facial*

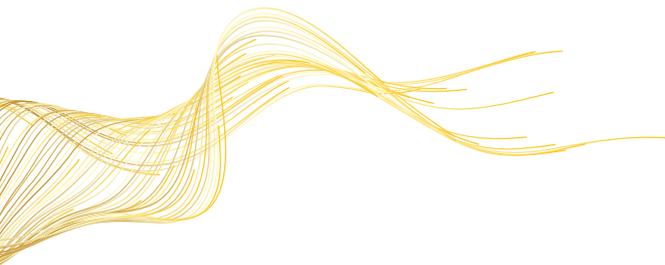
Completely tailored to your body and skincare needs, why treat one without the other!

## *Girls Day Out*

110 MINUTES \$275

*Scalp Treatment | Relaxation Massage | Illuminating Facial | Foot Soak*

Relax with the girls for a day of pampering. Start with a hydrotherapy session in our hot spas and finish with an inclusive glass of bubbles.



## *Couples Escape*

2.5 HOURS \$700 (\$350PP)

*Sugar Glow Exfoliation | Balneotherapy  
Relaxation Massage | Hair & Scalp Treatment*

Receive a body exfoliation using a pure sugar cane and tropical nut oil scrub that will exfoliate dead skin cells, leaving your skin feeling smooth. Enjoy a couples Balneotherapy in a geisha tub, then enjoy a relaxation massage that is designed to reduce tension and muscle tightness, followed by a nourishing hair and scalp treatment.

## *Mother To Be*

2.5 HOURS \$369

*Pregnancy Massage | Customised Facial | Deluxe Pedicure*

A nurturing massage that caters for the needs of expectant mothers while using soothing massage techniques to relieve aches and pains, while increasing circulation to assist in the drainage of excess fluid retention (available after first trimester). A customised, yet replenishing facial will stimulate the skins natural lipid barrier. Give your feet some TLC. A soft, yet relaxing pedicure with your choice of nail colour will ensure you are ready to go...no matter where!

## *Bridal Packages*

POA

Personalised wedding preparation plans for both bride and groom to their individual needs. Allow our team to consult with you on your specific requirements, whether it be a six-month skin preparation program, or luxury beauty and body services before the special day. Book in your consultation with our bridal experts.

# *Total Indulgence Package*

Six and half hours of total indulgence.. treat yourself (or a loved one) to a full day out at The Spa! Enjoy being totally pampered while enjoying a delicious lunch and champagne. If time is of the essence, choose between one or two therapists pampering you for the day, but be sure to advise at the time of booking.

*Let your Journey begin...*

## *Hydrolounge Experience*

This unique space is equipped with a hot & cold mineral spa's as well as an infrared steam sauna. There is also a warmed area made for relaxation and socialising immediately after immersion treatments, with a fireplace, refreshments and water-resistant lounges.

## *Milk & Honey Ritual*

Consisting of a body exfoliation, honey melt wrap and exotic oil hair and scalp treatment, this treatment is designed to hydrate, nourish, tighten and strengthen skin. Organic Cane Sugar combined with exotic drift nut oils gently exfoliate the skin then a moisturising honey masque high in antioxidants and vitamins is applied to the body. Next, an exotic oil is massaged through the hair and scalp.

## *Private Milk Balneotherapy*

Slip into your own private geisha tub and enjoy a relaxing milk bath to deeply hydrate your skin.

## *Lunch*

Served in the Reflection Lounge, enjoy a gourmet light lunch with a glass of wine (or two)...

## *Relaxation Massage*

A light to medium pressure using traditional Swedish massage techniques to unwind, relax and recharge the body.

## *Signature Package*

Highly concentrated facial is designed to meet the specific needs of your unique skin type. Using specialised techniques to infuse, hydrate and provide nourishment to the skin through massage techniques and corrective rituals.

## *Mini Pedicure*

Receive a buff, file & polish to regenerate your nails and feet.

## *Reflection Lounge*

Finish your treatment by slowly awakening from a day of heavenly bliss. Enjoy a herbal tea before making your way back to the change rooms which are fully equipped with hair and body products (including a GHD & hair-dryer for those of you who are going out and about after your treatment).

**\$799 PER PERSON**



# *Tips & Toes*

Keep your nails healthy with regular manicures & pedicures. Any of our pedicures can be combined with any of our manicure treatments. We can do both your manicure and pedicure at the same time.

## *Deluxe Hydrating Manicure or Pedicure*

50 MINUTES \$125

Begin your treatment by immersing your hands or feet in a wonderfully soothing nail soak, followed by cuticle and nail maintenance. Receive a stimulating, yet relaxing massage that will leave your skin supple and soft. Finish with either natural bare nails or your choice of OPI colour.

Additional Gel application + \$15

## *Waxing*

Lip, Chin & Brows	\$20 each
Lip & Chin	\$30
Underarm, Bikini & Brazilian	\$60
1/2 leg	\$40
Full Leg	\$70
Back	\$70

## *Tinting*

Brows	\$15
Lashes	\$25
Brows & Lashes	\$35

## *All About Eyes*

Brow wax, Brow tint & Lash tint	\$50
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# *Spray Tans*

Whether you are in a hurry or looking for a certain skin finish, your Tan technician will find the perfect spray tan for your needs from our extensive range of Picture Perfect spray tans.

We take pride in delivering the highest results, purity and enriched with natural and organic ingredients. Enjoy the most advanced spray tan treatment with products selected or blended by your expert Tan therapist.

ONE OFF \$40

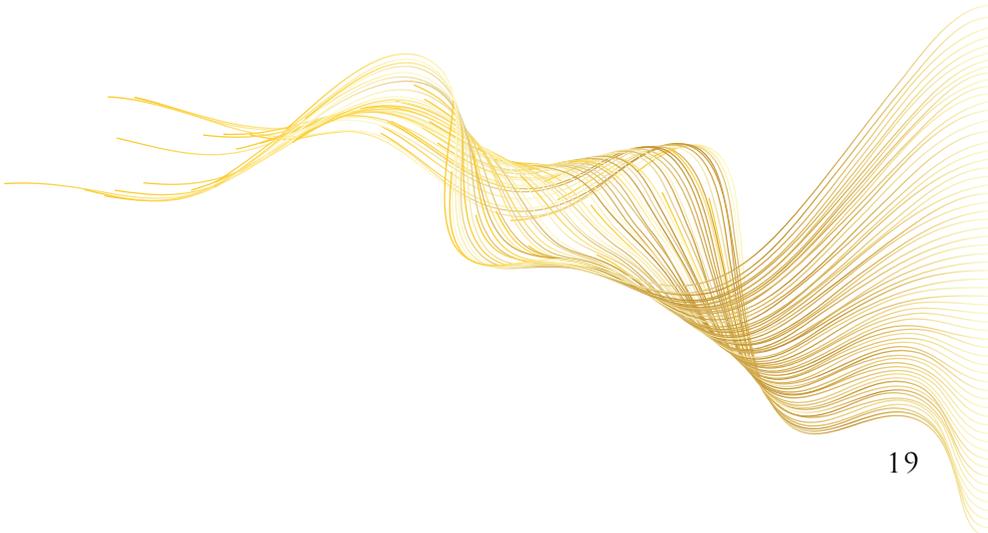
## *VIP Tanning Pass*

3 SPRAY TANS \$100

5 SPRAY TANS \$160

10 SPRAY TANS \$310

15 SPRAY TANS \$450





## *Pamper your Palette*

Treat yourself to a beautiful platter of local cheeses, crackers, nuts and seasonal fresh fruit. Enjoy your nibbles in our Hydrolounge area, on the deck by our mineral spas or in our Reflection Lounge before or after your treatment.

### *Cheese and Fruit Platter*

Local cheeses, crackers, nuts and seasonal fresh fruit.

1 PERSON \$30

2 PEOPLE \$50

4 PEOPLE \$95

6 PEOPLE \$120

### *Selection of Local Wine* as per our monthly wine list

\$11 PER GLASS | \$39 PER BOTTLE

# *Spa Etiquette*

## *Arrival at The Spa*

To fully enjoy a complete Spa experience, we request that you arrive 15 minutes prior to your appointment time, in order for you to change into spa attire and complete your consultation.

## *Special Considerations*

For your safety and comfort please inform your therapist of any health conditions so that we can customise your treatment accordingly. If you suffer from allergies, physical ailments or are pregnant, some treatments may not be suitable.

## *Cancellation Policy*

Your appointment is especially reserved for you. Arriving late will limit the time of your treatment so that the next guest is not delayed.

We require 24 hours' notice to cancel your appointment, if we receive less than 24 hours' notice a cancellation fee will be applied.

## *Children*

Our policy is no children at The Spa. We ask that you arrange child care for your young ones. Children 10 years & older are welcome for services/treatments only. Ages 10 to 16 need to be accompanied by an adult in the same treatment room. This is for the children's safety and an WH&S requirement.

# *The Spa*

AT

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