

## HAIR & SCALP

### Soothing Scalp and Hair 20min \$59

Our exclusive essential oil blends are combined with a warmed nourishing oil to perform a meditative sequence of tension relieving massage movements on the head, neck, face and shoulders completed with a steaming towel wrap.

## BODY WAXING & TINTING

½ Leg Wax .....	\$50	Eyebrow Wax .....	\$20
Full Leg Wax .....	\$75	Lip Wax .....	\$15
Bikini Wax .....	\$40	Eyelash Tint .....	\$30
Brazilian Wax .....	\$65	Eyebrow Tint .....	\$15
Under Arm Wax.....	\$30	Chin Wax .....	\$20
Men's Back Wax.....	\$55		

## MEN'S ZONE

### Correcting Detox Facial 50min \$159

A deep cleansing refining facial specifically designed for congested, oily and problematic skin conditions.

### Recovery Massage 50min/\$129 80min/\$179

Starting with a foot soak and reflex point massage to relieve tired feet this treatment moves into a personally customized body massage. Designed to treat muscular pain and to increase your range of motion with stretching techniques.

### Hand & Foot Therapy 50min/\$99

*(men only, no polish included)*

Lay back and relax whilst your hands and feet are transformed. Including foaming hand & foot soak, scrub, nail tidy, massage complete with a steaming hot towel compress.

## The Hair Salon at Chateau Elan

*Offers an array of hair services, make up, pedicure & manicure, spray tanning and shellac.*

*Open Thursday to Monday 9am to 5pm.*

*Please book in advance 0249982506.*

## SPA PACKAGES

### Girls Day Out (MONDAY TO FRIDAY ONLY) 2hrs \$199

Sit back and relax with the girls and enjoy a fun day of pampering! Includes mini facial, back massage, hand & foot rituals (no polish) and a glass of bubbles to finish in our private Santé room. Minimum of 3 guests required.

### Chateau Elan Signature 100min \$259

Rejuvenate your skin from top to toe with this indulgent signature treatment. Begin with a 'riffi' mitt full body dry exfoliation to help remove rough skin followed by a 'sublime body wrap' to deeply nourish which is left on the skin to absorb and hydrate. Complete your journey with a specialised Thalgo facial.

### Couples Retreat 140min \$289<sup>each</sup>

Spoil the one you love with this pure decadent spa experience. Begin your journey together in one of our dual spa suites with an invigorating body scrub rich in marine extracts then slip into your own private geisha tub with the aroma oil of your choice, then unwind with a Swedish massage side by side and to finish off a blissful scalp massage and glass of sparkling wine!

### Half Day Heaven 2hrs \$279

2 hours of pure bliss! Relax for 60min prior to your treatment in our Hydrolounge and enjoy the invigorating benefits of our hot & cold plunge pools and Detox Box. Then unwind with a relaxing Swedish full body massage, and to conclude your journey finish off with a Thalgo 'Organic' customised facial. This package also includes a lovely gift to take home!

### Mother to Be 140min \$289

A nurturing spa package designed for mums-to-be (after the first trimester) & new mums. Commence with a pregnancy massage to help relieve strain on knees and back and increase blood & lymph flow, then drift away whilst your therapist delivers a customised facial to suit your skin type and finish with a relaxing foot ritual.

### Body Beautiful 4hrs \$499

For those who really want to be pampered! Begin your journey with 60min in our Hydrolounge then enjoy an invigorating Moor Mud heated body wrap and exfoliation, 90min Swedish massage, Ion Cleanse foot therapy and luxurious Soothing Scalp & Hair treatment. This package also includes a delicious spa lunch.

*Spa packages are subject to availability and must be booked in advance. All packages include complimentary Hydrolounge use 60 minutes prior to treatment, including Detox Box, outdoor heated spa and cool plunge pool.*

## How to Spa at Château Élan

Please arrive at least 15 minutes before your scheduled appointment; arriving late will limit the length of your treatment time. Treatments will always finish as scheduled in order to not inconvenience the next guest. Should you wish to use The Hydrolounge facilities prior to your appointment, we recommend arriving at least one hour early.

Cancellation or rescheduling of your appointment requires 24 hours notice in advance. A credit card number is required at the time of booking to secure your spa appointment. If you fail to show for your appointment without notice the total treatment cost will be charged. No shows will also incur payment of the total treatment cost.

All spa services are inclusive of GST and may be subject to change without notice.

Hotel guests may charge spa services to their room account.

Lockers, robes, slippers, disposable underwear and all amenities are provided upon your arrival. Appropriate swimwear is required at all times in the public spa, Detox box, pools and relaxation lounges.

If there is anything in your medical history including serious illness please advise at the time of booking.

give  
the gift...



Château Élan Gift Vouchers can be configured to any amount for any experience at Australia's finest spa resort.



Vintage Drive  
Rothbury NSW 2320

For an appointment  
please contact  
**Telephone** 02 4998 2500  
**Email** thespa@chateauelan.com.au  
**www.chateauelan.com.au**

Opening hours  
Daily 9.00am – 7.00pm  
including public holidays

Appointments outside these  
hours are available by request

Closed Christmas Day  
Public Holiday  
surcharge applies

The Spa



## SPA

Relaxation, rejuvenation, recuperation – whatever your reason for visiting the Spa at Château Élan Hunter Valley, we're dedicated to your peace of mind and physical wellbeing.

### Treatment Rooms:

our treatment rooms use custom designed massage beds for your comfort. Single person and dual rooms are available.

### The Hydrolounge:

this unique space is equipped with an outdoor hot spa bath, a cold plunge pool and an indoor Dry Heat Detox Box. There is also an open fire place and lounges.

### Locker rooms:

male and female locker rooms are stocked with robes and slippers and high quality personal care products for your convenience.

### Swimming pool:

Château Élan at The Vintage has a salt-chlorinated 25m lap pool with shade sail, located a short walk from the spa complex.

## PRODUCTS

### Kerstin Florian

a solution focused complete range of correcting cosmeceutical based skincare. Excellent for fine lines, aging skin, hyper pigmentation, or congested oily skin. Kerstin Florian provides immediate visible results for long term skin health.

### Terraké

is devoted exclusively to the most beautiful spas. Originating in France Terrake provides a complete sensorial journey of both mind and body. Enjoy the luxurious products in our Body Rituals.

### Thalgo

are experts in Marine Cosmetology and Spa Therapies and they draw their product richness and treatment effectiveness from the marine universe.

### Terre & Mer by Thalgo

is a certified organic sustainable range combining natural marine algae with organic plant extracts.

*Your therapist will recommend products used during your treatment for home care use.*

## KERSTIN FLORIAN

### Correcting Advanced Repair Facial 80min \$179

Advanced cosmeceutical facial customized to address specific skin conditions, especially fine lines, premature aging and hyper pigmentation.

### Correcting Detox Facial 50min \$159

A refining facial to detoxify the skin. Your therapist will customize the products to suit your skin type.

### Correcting Pro Peel 20min \$89

Using an exclusive 30% multi-acid peel, this facial provides immediate results.

## THALGO

### Smoothing Collagen Facial 50min \$149

Infused with pure collagen this facial softens, smooths and brightens the complexion, great for sensitive skin types.

### Hyaluronic Filler Facial 50min \$159

Excellent for dehydrated skin type's Hyaluronic acid binds and attracts water to the skin to maintain suppleness and hydrate.

### Silicium Lifting Facial 80min \$179

A 'pick me up' for tired, aging skin types. The ultimate in anti-aging techniques with special bandages and a heated plaster mask!

### Organic Facial 50min \$149

Certified organic facial combining effective ingredients from organic orange blossom, immortelle and olive leaf.

### Micro - Dermabrasion 80min \$189

Micro-dermabrasion combines gentle abrasion techniques, coupled with ultra hydrating facial products to provide the ultimate in exfoliation. Micro-dermabrasion will leave your skin more radiant, smooth and even toned.

### Chateau Elan Facial 50min \$129

A relaxing facial designed for all skin types using French Thalgo skin care.

## TERRAKE BODY RITUALS

### Awakening to the Earth 110min \$259

*Body Exfoliation / Shower / Hot Stone Body Massage*

Exclusive sand exfoliation removes dry skin followed by a massage with warm, precious stones and crystals polished a thousand times, together with luxurious creams are artfully used to deeply relax your body.

### Delectable Essence 110min \$259

*Body Exfoliation / Liana Ribbon Body Massage / Body Wrap*

Smoothing brown sugar with green mandarin softens the skin. A massage with the exclusive 'Liana' ribbon is then performed with special stretching techniques that soothe the mind and body before you snuggle into a rich, creamy wrap made from sweetly scented fruit and cereal butters to completely nourish the body.

## THALGO BODY TREATMENTS

### Indoceane 80min \$189

*Body Exfoliation / Milk Bath / Body Wrap & Indian Head Massage*

Let the ancient Indian aromas of this ritual drift your mind into a state of pure relaxation. Sweet & Savoury Body Scrub and Sublime Body Wrap transform your skin with absolute nourishment. Traditional Indian head massage completes this journey.

### Polynesia Spa Ritual 110min \$209

*Body Exfoliation / Bath / Lomi Lomi Massage / Sacred Oil Infusion*

A fusion of fragrant vanilla and coconut combine in this delicious ritual. After a soothing body scrub slip into a fragrant bath then relax and unwind with our exclusive lomi lomi 'tuiponos' warm sand massage.

## KERSTIN FLORIAN BODY TREATMENTS

### Moor Mud Wrap 80min \$179

*Body Exfoliation & Shower / Body Wrap / Moisturise*

A warm revitalizing European therapy using thermal Moor Mud to heal, soothe and rejuvenate dull skin and tired muscles. Also includes a Moor Mud face application.

### Wake Up Body Scrub 50min \$119

*Body Exfoliation / Shower / Moisturise*

Invigorating full body scrub to assist removal of rough dry skin followed by a warm shower. Complete this treatment with a hydrating moisture infusion.

## MASSAGES OF THE WORLD

### Aromatherapy Candle Massage 50min/\$149 80min/\$199

A deeply relaxing massage using warmed pure aromatherapy soy candles. A luxurious blend of soy bean wax, jojoba oil, evening primrose and shea butter together with selected aromatherapy oils leaves the skin nourished and velvety soft.

### Tibetan Hot Stone 50min/\$139 80min/\$189

An original and effective massage combining the decongesting effects on muscular and nervous tension. Using warm volcanic stones and the hands of your therapist to induce deep relaxation and invite sleep.

### Thai Herbal Compress 50min/\$149 80min/\$199

A warm fusion of fragrant anti-inflammatory herbs are combined and steamed in your own personal 'Luk Pra Kob' which is used as a compress in a wave like motion over the body. Thermal therapy massage is excellent for deep relaxation.

### Parisian Organic 50min/\$129 80min/\$179

A gentle full body massage using pure French organic oil. Combining lymphatic drainage movements with organic linen neck stretching to assist the body's natural toxin removal process.

### Swedish Relaxation 50min/\$119 80min/\$169

Dance-like flowing style massage with a collection of classical European techniques designed to relax and improve circulation.

### Pregnancy 50min only \$129

A nurturing and safe massage designed for new mums and mums-to-be (after the first trimester).

## SPA ENHANCEMENTS

*(May be added to full length treatments only)*

### Swedish Massage 25min \$79

### Balneotherapy Bath Session 25min \$59

### Thalgo mini Facial 25min \$89

### Express Micro-dermabrasion 25min \$79

### Anti - Ageing Eye treatment 25min \$69

### Hand Ritual 25min \$49 (polish not included)

### Foot Ritual 25min \$49 (polish not included)